

Packing Check Sheet

Things to pack to ensure a happy and healthy time at Camp Quest Michigan

Please pack each of the following items to last **seven** days:

- t-shirts
- shorts
- 1 long sleeved shirt
- 1 long pants/jeans (required for horseback riding)
- underwear
- socks
- pajamas
- personal toiletries (toothpaste, brush, soap, shampoo, etc.)
- all regular medications in their original container (state law)
- 2 towels: beach and shower
- bathing suit
- sunblock
- hat/cap
- jacket/hoodie
- poncho (if desired)
- water bottle with your name on it
- closed-toe shoes, sandals, and shower flip-flops
- sleeping bag/bedding (a twin size mattress without sheets is provided)
- pillow
- bug spray
- flashlight

Optional items may include but are not limited to:

- Books
- Playing cards
- Musical instruments

No electronics! Camp is meant to be a time free of the internet, video games, social media, and other similar electronic distractions.